

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lara Nothnagel

Has successfully participated & completed the

5km Prison Break Night Run & Walk #1

held at Leeuwkop Golf Club.

TIME 00:46:24

PACE 09:15/km

OVERALL 46 of 65

GENDER 30 of 47

50 - 59 4 of 9

28 January 2020, Tue

Date



Bout Time